



**SPECIAL MEETING  
SENIOR COMMISSION  
Tuesday, October 13, 2020  
2:00 P.M.**

**MEMBERS**

Harald Zechner, Chair, District 4  
Gabriel Ceja Sr., Vice-Chair, District 5  
Charles Nelson, Mayor  
Dave Folz, District 1  
Marna Cornell, District 2  
Mattie Betts, District 3  
Angie Mont O'Brien, District 6  
Chelsea Mason, District 7  
Leni Fleming, At Large  
Peggy Buchanan, Pasadena Village  
Kristen Tachiki, Senior Care Network  
Patricia Wright, Salvation Army  
Vacant, Pasadena Senior Center

**STAFF**

Pamela Cantero-More, Program Coordinator I  
Tamer Sabha, Recording Secretary

Senior Commission meetings are held on the 2<sup>nd</sup> Tuesday of each month.

Agendas and related documents are available for public review on the City website at:  
<https://www.cityofpasadena.net/commissions/senior-commission/>

*To request meeting materials in alternative formats or other disability-related modifications or accommodations necessary to facilitate meeting participation, please contact the Parks, Recreation and Community Services Department as soon as possible at (626) 744-7295 or [tsabha@cityofpasadena.net](mailto:tsabha@cityofpasadena.net). Providing at least 72-hour advance notice will help ensure availability.*

*Language translation services may also be requested with 72-hour advance notice by calling (626) 744-7295 or [tsabha@cityofpasadena.net](mailto:tsabha@cityofpasadena.net). Habrá servicio de interpretación disponible para éstas juntas llamando (626) 744-7295.*

## **PUBLIC PARTICIPATION**

PURSUANT TO EXECUTIVE ORDER N-29-20 ISSUED BY GOVERNOR GAVIN NEWSOM ON MARCH 17, 2020, THE FOLLOWING MEETING WILL TAKE PLACE **SOLELY BY TELECONFERENCE/VIDEOCONFERENCE**.

MEMBERS OF THE PUBLIC MAY PARTICIPATE ELECTRONICALLY IN THE OPEN SESSION PORTION OF THE MEETING.

ACCESS TO THE MEETING IS AS FOLLOWS:

**Video Conference:** <https://us02web.zoom.us/j/87375975611>

**OR**

**Phone:** 1 (669) 900-6833 - Webinar ID: 873 7597 5611

## **PUBLIC COMMENT INSTRUCTIONS**

If you wish to provide comments, you may do so as follows:

**1. ADVANCE CORRESPONDENCE, TO BECOME PART OF THE RECORD:**

Submit public comment of any length to [tsabha@cityofpasadena.net](mailto:tsabha@cityofpasadena.net) prior to the meeting day. Please be aware that, while these comments will be provided to the members of the body and will become part of the meeting record, they will not be read aloud.

**2. COMMENTS TO BE READ ALOUD AT THE MEETING:**

Submit public comment of up to 200 words regarding items on the agenda to: <https://www.cityofpasadena.net/commissions/public-comment/>. The body reserves the right to summarize comments if necessary for the orderly and timely flow of the meeting. All comments in their entirety will become part of the meeting record.

Public comments will be limited to matters on this agenda.

If you need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act because you are unable to participate electronically as set forth above, please contact the Parks, Recreation and Community Services Department as soon as possible at (626) 744-7295 or [tsabha@cityofpasadena.net](mailto:tsabha@cityofpasadena.net).



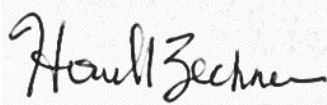
**AGENDA  
SPECIAL MEETING  
SENIOR COMMISSION  
Tuesday, October 13, 2020  
2:00 P.M.**

- 1. CALL TO ORDER; ROLL CALL**
- 2. APPROVAL OF MINUTES**
  - SEPTEMBER 8, 2020\*
- 3. NEW BUSINESS**
  - INFORMATION ITEM**
    - PRESENTATION FROM THE PASADENA SENIOR CENTER ABOUT FEEDBACK GATHERED FROM WELLNESS CALLS TO SENIORS – AKILA GIBBS (EXECUTIVE DIRECTOR, PASADENA SENIOR CENTER)
  - ACTION ITEM**
    - COMMISSION WORK PLAN UPDATES AND DISCUSSION\*
      - ISOLATION AND LONELINESS IN OLDER ADULTS (FLEMING, BUCHANAN, MASON)
      - RESOURCE LIST FOR OLDER ADULTS (CEJA, FOLZ, O'BRIEN, WRIGHT)
- 4. OLD BUSINESS**
  - NONE
- 5. COMMENTS AND UPDATES**
  - STAFF COMMENTS
  - COMMENTS AND ANNOUNCEMENTS FROM COMMISSIONERS
- 6. SUGGESTED AGENDA ITEMS FOR FUTURE COMMISSION MEETINGS**
- 7. ADJOURNMENT**

\*Attachment

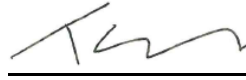
Note to Public: Public comment is limited to items on this special meeting agenda and will be heard the time the item is considered.

POSTING STATEMENT: I HEREBY CERTIFY that this Agenda, in its entirety was posted on the City Council Chamber Bulletin Board S249, and the bulletin board in the rotunda area at City Hall, 100 North Garfield Avenue on or before the 8<sup>th</sup> day of October 2020, by 5:30 p.m. The agenda may be viewed at the City's website at: [www.cityofpasadena.net/commissions/senior-commission](http://www.cityofpasadena.net/commissions/senior-commission).



---

Harald Zechner, Chair  
Senior Commission



---

Tamer Sabha, Recording Secretary



**\*DRAFT MINUTES\***

**CITY OF PASADENA  
SENIOR COMMISSION  
SPECIAL MEETING  
TUESDAY, SEPTEMBER 8, 2020  
2:00 PM**

**COMMISSIONERS PRESENT:** Peggy Buchanan, Gabriel Ceja Sr., Marna Cornell, Leni Fleming, Dave Folz, Chelsea Mason, Angie Mont O’Brien, Kristen Tachiki, Patricia Wright, Harald Zechner

**COMMISSIONERS ABSENT:** Mattie Betts (excused), Charles Nelson (unexcused)

**STAFF PRESENT:** Pam Cantero, Tamer Sabha

**1. CALL TO ORDER; ROLL CALL**

Chair Zechner called the meeting to order at 2:04 PM. Staff (Sabha) called the roll and a quorum was established for the Commission.

**2. WELCOME**

- **WELCOME TO NEW COMMISSIONER CHELSEA MASON (DISTRICT 7)**  
Chair Zechner welcomed new Commissioner Chelsea Mason (District 7) who introduced herself and shared background information.

**3. APPROVAL OF MINUTES**

After review, it was moved (Folz) and seconded (Ceja Sr.) to approve the minutes of the August 11, 2020 meeting. (Motion carried) (Abstain: Mason, Wright)

<b>COMMISSIONER</b>	<b>IN FAVOR</b>	<b>ABSTAIN</b>
Zechner	x	
Ceja Sr	x	
Folz	x	
Cornell	x	
O’Brien	x	
Mason		x
Fleming	x	
Tachiki	x	
Buchanan	x	
Wright		x

**4. NEW BUSINESS**

- REVIEW AND APPROVAL OF COMMISSION FY 2020-2021 WORK PLAN  
After review, it was moved (Ceja Sr.) and seconded (Zechner) to approve the work plan for FY 2020-2021. (Motion unanimously carried)

COMMISSIONER	IN FAVOR
Zechner	x
Ceja Sr	x
Folz	x
Cornell	x
O'Brien	x
Mason	x
Fleming	x
Tachiki	x
Buchanan	x
Wright	x

- CHAIR'S SELECTION OF AD HOC COMMITTEE MEMBERS FOR FY 2020-2021 WORK PLAN OBJECTIVES  
Chair Zechner appointed Commissioners Mason, Fleming, and Buchanan to the Isolation and Loneliness in Older Adults ad hoc committee (Objective #1).

Chair Zechner appointed Commissioners Ceja Sr, Folz, O'Brien, and Wright to the Resource List for Older Adults ad hoc committee (Objective #2).

**5. OLD BUSINESS**

- NONE

**6. COMMENTS AND UPDATES**

- STAFF COMMENTS  
Staff (Cantero) provided an update on the Pasadena Senior Center (PSC) agency vacancy in that PSC does not currently have a staff person available to fill the vacancy, and reminded the Commission that the U.S. Census self-response deadline is September 30.
- COMMENTS AND ANNOUNCEMENTS FROM COMMISSIONERS  
Chair Zechner commented on the Commissioner Orientation Manual that was emailed from Staff (Osborne) to the Senior Commission.

**7. SUGGESTED AGENDA ITEMS FOR FUTURE COMMISSION MEETINGS**

- Request informational presentation from the Pasadena Senior Center on feedback received from wellness calls

**8. ADJOURNMENT**

It was moved (Buchanan) and seconded (Ceja Sr.) to adjourn the special meeting. (Motion unanimously carried) The meeting was adjourned at 3:04 PM.

**CITY OF PASADENA SENIOR COMMISSION  
WORK PLAN: 8/1/20 – 6/30/21**

**MISSION (as stated in Charter/Ordinance):**

The purpose of the Senior Commission is to advise the City Council on the needs, concerns and quality of life for seniors.

**OBJECTIVES:**

1. Identify issues of isolation and loneliness in older adults via virtual focus groups, and make recommendations to the City Council.

Ad Hoc Committee: Buchanan, Fleming, Mason

Action Items:

- Conduct a Zoom meeting to discuss “isolation and loneliness in older adults”
- Utilize open-ended questions previously constructed
- Identify ways to focus on under-represented populations
- Request presentations about wellness calls from the Pasadena Senior Center, Huntington Hospital Senior Care Network, Pasadena Village, and the Parks, Recreation and Community Services Department.

---

**Work Plan Updates:**

August 2020: The Commission discussed the work plan for FY 2020-2021.

September 2020: The Commission adhoc will meet and report updates at the next meeting.

<p><b>2.</b></p>	<p>Identify resources available to older adults in our community.</p> <p>Ad Hoc Committee: Ceja Sr., Folz, O'Brien</p> <hr/> <p><b>Work Plan Updates:</b></p> <p>August 2020: The Commission discussed the work plan for FY 2020-2021.</p> <p>September 2020: The Commission adhoc will meet and report updates at the next meeting.</p>
<p><b>3.</b></p>	<p>Make recommendations and/or address issues that are brought to the attention of the Senior Commission.</p> <hr/> <p><b>Work Plan Updates:</b></p> <p>August 2020: The Commission discussed the work plan for FY 2020-2021.</p> <p>September 2020: The Commission approved the work plan for FY 2020-2021.</p>