



**SPECIAL MEETING
SENIOR COMMISSION
Tuesday, November 10, 2020
2:00 P.M.**

MEMBERS

Harald Zechner, Chair, District 4
Gabriel Ceja Sr., Vice-Chair, District 5
Charles Nelson, Mayor
Dave Folz, District 1
Marna Cornell, District 2
Mattie Betts, District 3
Angie Mont O'Brien, District 6
Chelsea Mason, District 7
Leni Fleming, At Large
Peggy Buchanan, Pasadena Village
Kristen Tachiki, Senior Care Network
Patricia Wright, Salvation Army
Vacant, Pasadena Senior Center

STAFF

Pamela Cantero-More, Program Coordinator I
Tamer Sabha, Recording Secretary

Senior Commission meetings are held on the 2nd Tuesday of each month.

Agendas and related documents are available for public review on the City website at:
<https://www.cityofpasadena.net/commissions/senior-commission/>

To request meeting materials in alternative formats or other disability-related modifications or accommodations necessary to facilitate meeting participation, please contact the Parks, Recreation and Community Services Department as soon as possible at (626) 744-7295 or tsabha@cityofpasadena.net. Providing at least 72-hour advance notice will help ensure availability.

Language translation services may also be requested with 72-hour advance notice by calling (626) 744-7295 or tsabha@cityofpasadena.net. Habrá servicio de interpretación disponible para éstas juntas llamando (626) 744-7295.

PUBLIC PARTICIPATION

PURSUANT TO EXECUTIVE ORDER N-29-20 ISSUED BY GOVERNOR GAVIN NEWSOM ON MARCH 17, 2020, THE FOLLOWING MEETING WILL TAKE PLACE **SOLELY BY TELECONFERENCE/VIDEOCONFERENCE**.

MEMBERS OF THE PUBLIC MAY PARTICIPATE ELECTRONICALLY IN THE OPEN SESSION PORTION OF THE MEETING.

ACCESS TO THE MEETING IS AS FOLLOWS:

Video Conference: <https://us02web.zoom.us/j/81497441425>

OR

Phone: 1 (669) 900-6833 - Webinar ID: 814 9744 1425

PUBLIC COMMENT INSTRUCTIONS

If you wish to provide comments, you may do so as follows:

1. ADVANCE CORRESPONDENCE, TO BECOME PART OF THE RECORD:

Submit public comment of any length to tsabha@cityofpasadena.net prior to the meeting day. Please be aware that, while these comments will be provided to the members of the body and will become part of the meeting record, they will not be read aloud.

2. COMMENTS TO BE READ ALOUD AT THE MEETING:

Submit public comment of up to 200 words regarding items on the agenda to: <https://www.cityofpasadena.net/commissions/public-comment/>. The body reserves the right to summarize comments if necessary for the orderly and timely flow of the meeting. All comments in their entirety will become part of the meeting record.

Public comments will be limited to matters on this agenda.

If you need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act because you are unable to participate electronically as set forth above, please contact the Parks, Recreation and Community Services Department as soon as possible at (626) 744-7295 or tsabha@cityofpasadena.net.



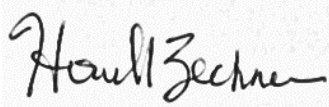
**AGENDA
SPECIAL MEETING
SENIOR COMMISSION
Tuesday, November 10, 2020
2:00 P.M.**

- 1. CALL TO ORDER; ROLL CALL**
- 2. APPROVAL OF MINUTES**
 - OCTOBER 13, 2020*
- 3. NEW BUSINESS**
 - INFORMATION ITEMS**
 - PRESENTATION FROM THE PASADENA VILLAGE ABOUT FEEDBACK GATHERED FROM WELLNESS CALLS TO SENIORS – LENI FLEMING (STAYING CONNECTED TEAM LEADER, PASADENA VILLAGE)
 - DISCUSS THE PROCESS FOR MODIFICATION OF THE COMMISSION RULES AND REGULATIONS AND P.M.C. CHAPTER 2.120 – STAFF (PAM CANTERO)*
- 4. OLD BUSINESS**
 - ACTION ITEM**
 - COMMISSION WORK PLAN UPDATES AND DISCUSSION*
 - ISOLATION AND LONELINESS IN OLDER ADULTS (FLEMING, BUCHANAN, MASON)
 - RESOURCE LIST FOR OLDER ADULTS (CEJA, FOLZ, O'BRIEN, WRIGHT)
- 5. COMMENTS AND UPDATES**
 - STAFF COMMENTS
 - COMMENTS AND ANNOUNCEMENTS FROM COMMISSIONERS
- 6. SUGGESTED AGENDA ITEMS FOR FUTURE COMMISSION MEETINGS**
- 7. ADJOURNMENT**

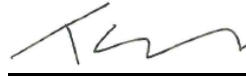
*Attachment

Note to Public: Public comment is limited to items on this special meeting agenda and will be heard the time the item is considered.

POSTING STATEMENT: I HEREBY CERTIFY that this Agenda, in its entirety was posted on the City Council Chamber Bulletin Board S249, and the bulletin board in the rotunda area at City Hall, 100 North Garfield Avenue on or before the 5th day of November 2020, by 5:30 p.m. The agenda may be viewed at the City's website at: www.cityofpasadena.net/commissions/senior-commission.



Harald Zechner, Chair
Senior Commission



Tamer Sabha, Recording Secretary



DRAFT MINUTES
CITY OF PASADENA
SENIOR COMMISSION
SPECIAL MEETING
TUESDAY, OCTOBER 13, 2020
2:00 PM

COMMISSIONERS PRESENT: Gabriel Ceja Sr., Marna Cornell, Leni Fleming, Dave Folz, Chelsea Mason, Charles Nelson (joined at 2:09pm), Angie Mont O'Brien (joined at 2:06pm), Kristen Tachiki, Patricia Wright, Harald Zechner

COMMISSIONERS ABSENT: Mattie Betts (excused), Peggy Buchanan (excused)

STAFF PRESENT: Pam Cantero, Tamer Sabha

1. CALL TO ORDER; ROLL CALL

Chair Zechner called the meeting to order at 2:04 PM. Staff (Sabha) called the roll and a quorum was established for the Commission.

2. APPROVAL OF MINUTES

After review, it was moved (Mason) and seconded (Fleming) to approve the minutes of the September 8, 2020 meeting. (Motion unanimously carried)

COMMISSIONER	IN FAVOR
Zechner	X
Ceja Sr.	X
Folz	X
Cornell	X
Mason	X
Fleming	X
Tachiki	X
Wright	X

3. NEW BUSINESS

- **PRESENTATION FROM THE PASADENA SENIOR CENTER ABOUT FEEDBACK GATHERED FROM WELLNESS CALLS TO SENIORS – AKILA GIBBS (EXECUTIVE DIRECTOR, PASADENA SENIOR CENTER)**
Akila Gibbs (Executive Director, Pasadena Senior Center) presented information to the Commission about the Pasadena Senior Center's response to COVID-19 and the feedback received from wellness calls made to seniors. Questions from the Commission followed.

- COMMISSION WORK PLAN UPDATES AND DISCUSSION
The Commission provided updates to the work plan for FY 2020-2021.

4. OLD BUSINESS

- NONE

5. COMMENTS AND UPDATES

- STAFF COMMENTS

Staff (Cantero) commented on:

- The Great Plates Delivered Program was extended for one more month until November 8; and
- The Parks, Recreation and Community Services Department is currently developing programming for the holidays in order to support seniors that will be unable to be with family during the holidays due to COVID-19.

- COMMENTS AND ANNOUNCEMENTS FROM COMMISSIONERS

- None

6. SUGGESTED AGENDA ITEMS FOR FUTURE COMMISSION MEETINGS

- Informational presentation about the CalFresh program
- Informational presentation from the Pasadena Village about wellness calls to seniors

7. ADJOURNMENT

It was moved (Zechner) and seconded (Cornell) to adjourn the special meeting. (Motion unanimously carried) The meeting was adjourned at 2:52 PM.

All members nominated by the city council shall be residents of the city; provided, however, that a person nominated by a councilmember need not reside in said councilmember's district. Members nominated by the senior commission from recommendations of human services agencies need not reside within city boundaries.

(Ord. 6632 § 1 (part), 1995)

2.120.050 - Absences and vacancies.

- A. In the event a member has three consecutive unexcused absences from meetings of the commission, the city council may declare the office of such member vacant. The staff to the commission shall advise the secretary to the mayor of any member with three consecutive unexcused absences. Only the chair of the commission may excuse absences.
- B. Vacancies, whether scheduled or unscheduled, shall be filled by the person or entity who nominated the member to the vacant office, or by his/her successor, in the same manner as set forth in Section 2.120.030.

(Ord. 6632 § 1 (part), 1995)

2.120.060 - Election of officers.

At the first meeting of the commission, and thereafter at its first meeting of each subsequent year, the members shall elect a chair and a vice chair. In the absence or disability of the chair and vice chair, the commission may designate a temporary chair.

(Ord. 6632 § 1 (part), 1995)

2.120.070 - Meetings—Records.

- A. The commission shall meet at least once a month. All its meetings shall be held in accordance with the Ralph M. Brown Act and shall be open to the public except as provided by law. Special meetings may be called by the chair or a majority of the commission.
- B. A quorum shall be a majority of the commission seats filled by the city council. A seat is deemed to be filled after a nominee has been sworn in by the city clerk. No action of the commission shall be valid without the affirmative vote of at least four members.
- C. The commission shall keep a record, which shall be available for public inspection, of all of its resolutions, proceedings, and other actions.

(Ord. 6675 § 1 (part), 1996; Ord. 6632 § 1 (part), 1995)

2.120.080 - Rules and regulations.

The commission shall adopt and amend, by the affirmative vote of six members, rules and regulations for the conduct of the commission's business consistent with this chapter. Such rules and regulations shall be submitted to the city council and shall not become effective until approved and ordered filed by the council.

committee shall have the continuing responsibility of recruiting and maintaining a list of available qualified prospective commission appointees.

ARTICLE X

AMENDMENT OF RULES

SECTION 1. These rules may be amended at any regular meeting of the commission by the affirmative vote of six (6) members, provided that the amendment has been submitted in writing at the previous meeting. Proposed amendments must be submitted to the city council for final approval.

Attachments

**CITY OF PASADENA SENIOR COMMISSION
WORK PLAN: 08/01/20 – 06/30/21**

MISSION (as stated in Charter/Ordinance):

The purpose of the Senior Commission is to advise the City Council on the needs, concerns and quality of life for seniors.

OBJECTIVES:

1. Identify issues of isolation and loneliness in older adults via virtual focus groups, and make recommendations to the City Council.

Buchanan, Fleming, Mason

Action Items:

- Conduct a Zoom meeting to discuss “isolation and loneliness in older adults”
- Utilize open-ended questions previously constructed
- Identify ways to focus on under-represented populations
- Request presentations about wellness calls from the Pasadena Senior Center, Huntington Hospital Senior Care Network, Pasadena Village, and the Parks, Recreation and Community Services Department.

Work Plan Updates:

August 2020: The Commission discussed the work plan for FY 2020-2021.

September 2020: The Commission ad hoc will meet and report updates at the next meeting.

October 2020:

- The Commission received a presentation from the Pasadena Senior Center about their response to COVID-19 and feedback received from wellness calls to seniors.
- The ad hoc committee is working on a strategy for setting up a Zoom meeting to discuss isolation and loneliness in older adults, and would like to have three Zoom sessions with different audiences (Jackie Robinson Community Center, Pasadena Senior Center, and Huntington Hospital Senior Care Network).

2. Identify resources available to older adults in our community.

Ceja Sr., Folz, O'Brien

Work Plan Updates:

August 2020: The Commission discussed the work plan for FY 2020-2021.

September 2020: The Commission ad hoc will meet and report updates at the next meeting.

October 2020: The ad hoc committee shared the following updates:

- Decided that they will collect data from four organizations serving the Pasadena senior community.
- Verified that the Senior Resources phone list on the Senior Commission webpage is up to date.
- Received permission from the Pasadena Senior Center (PSC) to use resources that are on the PSC website.

3. Make recommendations and/or address issues that are brought to the attention of the Senior Commission.

Work Plan Updates:

August 2020: The Commission discussed the work plan for FY 2020-2021.

September 2020: The Commission approved the work plan for FY 2020-2021.

October 2020: No issue was brought to the attention of the Senior Commission.