



**Regular Meeting
Senior Commission
Tuesday, December 13, 2022
2:00 P.M.**

Members

Chelsea Mason, Chair, District 7
Harald Zechner, Vice-Chair, District 4
Jane Haderlein, Mayor
Dave Folz, District 1
Ruby Quallsgray, District 2
Mattie Betts, District 3
Mari Berkemeier, District 5
Angie Mont O'Brien, District 6
Dawneen Lorange, At Large
Katie Brandon, Pasadena Village
Martha Celis, Senior Care Network
Patricia Wright, Agency Representative
Vacant, Pasadena Senior Center

Staff

Sarah Mendez, Program Coordinator
Jane Whitmore, Recording Secretary

Meeting Information

Senior Commission regular meetings are held on the 2nd Tuesday of each month.

Agendas and related documents are available for public review on the City website at:
www.cityofpasadena.net/commissions/senior-commission/

To request meeting materials in alternative formats or other disability-related modifications or accommodations necessary to facilitate meeting participation, please contact the Parks, Recreation, and Community Services Department as soon as possible at (626) 744-7295 or jwhitmore@cityofpasadena.net. Providing at least 72-hour advance notice will help ensure availability.

Language translation services may also be requested with 72-hour advance notice by (626) 744-7295 or jwhitmore@cityofpasadena.net. Habrá servicio de interpretación disponible para éstas juntas llamando (626) 744-7295.

Public Participation

The following meeting will take place solely by teleconference/videoconference.

Members of the public may participate electronically in the open session portion of the meeting.

Access to the meeting is as follows:

Video Conference: <https://us02web.zoom.us/j/83197622651>

OR

Phone: 1 (669) 900-6833 – Webinar ID: 831 9762 2651

Public Comment Instructions

If you wish to provide comments, you may do so as follows:

1. Advance correspondence, to become part of the record:

Members of the public may submit correspondence of any length prior to the start of the meeting, at the following email address: jwhitmore@cityofpasadena.net. Correspondence will be forwarded to the Senior Commission prior to the meeting if received at least 30 minutes before the start of the meeting. Any correspondence received later will be forwarded the next business day.

2. Live public comments during the meeting:

During the meeting, members of the public may provide live public comment on an agenda item, at the time the Chair solicits public comment, by either (a) if using the Zoom program, selecting the “raise hand” function; or (b) if participating by telephone, pressing *9 to raise your hand. Public comments are limited to 3 minutes each, and the Chair or the Commission may limit this time if reasonable under the circumstances.

Your phone call to the Commission meeting will be recorded as part of the Commission meeting. By staying on the line and making public comment during the Commission meeting, you are agreeing to have your phone call recorded.

If you need a reasonable modification or accommodation pursuant to the Americans with Disabilities Act because you are unable to participate electronically as set forth above, please contact the Parks, Recreation and Community Services Department as soon as possible at (626) 744-7295 or jwhitmore@cityofpasadena.net.



**Agenda
Regular Meeting
Senior Commission
Tuesday, December 13, 2022
2:00 P.M.**

1. **Call to order**
2. **Roll call**
3. **Public comments for items not on the agenda**
4. **Approval of minutes**
 - November 8, 2022*
5. **New business**
Information Item
 - Presentation about disaster preparedness and training available for volunteers
- Lisa Derderian (Public Information Officer, City of Pasadena)
6. **Old business**
Action Item
 - Commission work plan updates and discussion*
7. **Reports/comments from the Chair**
8. **Comments from Commissioners**
9. **Staff comments**
10. **Upcoming meeting agenda items**
11. **Adjournment**

*Attachments

Posting statement: I hereby certify that this agenda, in its entirety was posted on the City Council Chamber Board S249, and the bulletin board in the rotunda area at City Hall, 100 North Garfield Avenue on or before the 8th day of December, by 5:30 P.M. The agenda may be viewed at the City's website at: www.cityofpasadena.net/commissions/senior-commission/.



Chelsea Mason, Chair
Senior Commission



Jane Whitmore
Recording Secretary



**Draft Minutes
Regular Meeting
Senior Commission
Tuesday, November 8, 2022
2:00 P.M.**

Commissioners Present: Mari Berkemeier, Katie Brandon, Martha Celis, Dave Folz, Jane Haderlein (joined at 2:30 P.M.), Dawneen Lorange, Chelsea Mason, Angie Mont O'Brien, Harald Zechner

Commissioners Absent: Mattie Betts (excused), Ruby Quallsgray (excused), Patricia Wright (unexcused)

Staff Present: Sarah Mendez and Jane Whitmore

1. Call to order

Chair Mason called the meeting to order at 2:02 P.M.

2. Roll call

Staff (Whitmore) called the roll, and a quorum was established for the Commission.

3. Public comments for items not on the agenda

None

4. Approval of minutes

After review, it was moved (Zechner) and seconded (Berkemeier) to approve the minutes of the October 11, 2022 regular meeting. (Motion unanimously carried)

In Favor: Mason, Zechner, Folz, Berkemeier, Mont O'Brien, Lorange, Brandon, Celis

Absent: Haderlein, Quallsgray, Betts, Wright

5. New Business

- **Presentation regarding services that benefit seniors at Huntington Hospital – Jane Haderlein (Senior Vice President of Philanthropy and Public Relations, Huntington Health)**

Jane Haderlein presented information about the services that benefit seniors at Huntington Hospital. Questions from the Commission followed the presentation.

6. Old business

- **Review and approval of the event proposal document for Pasadena Celebrates Older Americans Month event**

After discussion, it was moved (Mason) and seconded (Brandon) to approve the event proposal for the Pasadena Celebrates Older Americans Month event as discussed. (Motion unanimously carried)

In Favor: Mason, Zechner, Haderlein, Folz, Berkemeier, Mont O'Brien, Lorance, Brandon, Celis
Absent: Quallsgray, Betts, Wright

- **Commission Work Plan updates and discussion**

After discussion, it was moved (Mason) and seconded (Zechner) to approve the Senior Commission Work Plan updates for November 2022 and Presentation Calendar as discussed. (Motion unanimously carried)

In Favor: Mason, Zechner, Haderlein, Folz, Berkemeier, Mont O'Brien, Lorance, Brandon, Celis
Absent: Quallsgray, Betts, Wright

7. Reports/comments from the Chair

Chair Mason shared the following:

- Encouraged everyone to vote and to visit www.lavote.gov for more information about the election.
- At the meeting on October 24, the City Council voted to extend virtual meetings through November 21.
- It has been proposed that the Commission hold a joint meeting with the Accessibility and Disability Commission in 2023 regarding issues that are being addressed by both Commissions. More information will be provided at a future Commission meeting.

8. Comments from Commissioners

Vice-Chair Zechner shared the following:

- Reminded the Commission to pick up their name badge and expressed appreciation for the new design.
- Informed the Commission to complete the biannual Ethics Training prior to December 31, 2022.
- Thanked the Commissioners that volunteered to deliver the donated turkeys to Pasadena seniors from the Miracle on 1st Street holiday assistance program.

Commissioner Folz shared that he has received several comments from individuals about the reliability of local transportation for seniors and suggested that the Commission follow up to research the issue.

Commissioner Mont O'Brien requested information regarding the Commission Ethics Training.

9. Staff comments

Staff (Mendez) shared the following:

- Villa Parke Community Center will be hosting "Mejor Salud, Mejor Vida" – Spanish Community Health Fair and Clinic on Saturday, November 19, 9:00 A.M. – 1:00 P.M.
- Recreation classes for adults 50 & older including Zumba, Tai Chi, Chair Aerobics and more are being offered at Jackie Robinson Community Center and Villa Parke Community Center for free. Registration opens online and in person on Monday, December 5 for Pasadena residents and Monday, December 12 for non-residents.

10. Upcoming meeting agenda items

- Presentation from the Public Information Officer about disaster preparedness and training available for volunteers. (Mendez)

11. Adjournment

It was moved (Mason) and seconded (Folz) to adjourn the regular meeting. The meeting was adjourned at 3:02 P.M.

City of Pasadena Senior Commission
Work Plan: 07/12/2022 – 06/13/2023

Mission:

The purpose of the Senior Commission is to advise the City Council on the needs, concerns and quality of life for seniors.

The commission shall:

- Advise the City Council on the needs and concerns of all seniors;
- Engage in consultation and study with local groups on the needs of the aged and evaluate available resources; and
- Consult with other public agencies and commissions on matters relevant to the commission.

FY 2022-2023 Ad Hoc Committees:

Ad Hoc Committee re: Objective #1 – Celebrating Older Americans Month

Ad Hoc Committee re: Objective #2 – Community Engagement

Ad Hoc Committee re: Objective #3 – Identify and update resource list for older adults

Ad Hoc Committee re: Objective #1 – Celebrating Older Americans Month

Purpose: Develop opportunities to celebrate Older Americans Month in May 2023.

Commissioners: Mason, Lorance, Brandon, Berkemeier, Zechner

Action Items:

- Pursue a proclamation from the Mayor to celebrate Older Americans Month.
- Contact key City communications staff for an information campaign (social media and mail-focused campaign).
- Hold an in-person event in May 2023 building on the 2022 inaugural event.

Work Plan Updates:

July 2022:

- Ad hoc committee will meet to discuss the objective statement and recommend additional actions items, if needed.
- Planning for the Older Americans Month Celebration will begin in the fall.

August 2022:

- Ad hoc committee met on July 28, 2022 to discuss plans for the 2023 Older Americans Month Celebration tentatively scheduled for May 24, 2023 at Washington Park. The committee is continuing to work on the event details such as event permits, pop up tents for vendors and event signage.

September 2022:

- The ad hoc committee will meet prior to the October meeting to complete the *Commission Event Proposal Form* with the details about the Celebrating Older Americans Month event. The ad hoc committee will review the information with the Commission prior to submitting it to Staff (Mendez) for approval.
- Staff (Mendez) informed the Commission that the Washington Park renovation is scheduled to be completed in Spring 2023 and recommended that the ad hoc committee choose a secondary park location for the event in case the renovation is not completed on time.

October 2022:

- The ad hoc committee conducted site visits to several park locations for the Older Americans Month Celebration and selected McDonald Park for the event. The date for the event has been changed to Tuesday, May 23, 2023 from 10:00 A.M. – 1:00 P.M.
- The ad hoc committee shared the draft of the Event Planning form and requested feedback from the Commission about adding any additional information.

November 2022:

- The Commission approved the event proposal document for Pasadena Celebrates Older Americans Month event scheduled for Tuesday, May 23, 2023 from 10:00 A.M – 1:00 P.M. at McDonald Park.

Status:

Ad Hoc Committee re: Objective #2 – Community Engagement

Purpose: Engage with community providers and older adults who are using their services.

Commissioners: Berkemeier, Folz

Action Items:

- Schedule presentations from Older Adult providers to the commission.
- Seek opportunities to share resource information with the community.

Work Plan Updates:

July 2022:

- Ad hoc committee will meet to discuss the objective statement and recommend additional actions items, if needed.

August 2022:

- No updates provided

September 2022:

- The ad hoc committee met and discussed community events for the Commissioners to attend and learn about resources available for the older adult community. Commissioner Berkemeier announced three upcoming events on the attachment included with the meeting agenda.

October 2022:

- Commissioner Berkemeier announced that the ad hoc committee attended events at Pasadena Village, Pasadena Senior Center and South Pasadena Senior Center in September. At the events, the ad hoc committee received information about several companies and organizations that provide services for older adults. The ad hoc committee will share the information to use as a potential exhibitor and resource list for the Older Americans Month Celebration.

November 2022:

- Commissioner Berkemeier reported that the ad hoc committee is gathering information about upcoming holiday community events to attend and will share the information with the Commission at the December meeting.
- Chair Mason requested the ad hoc committee determine if the organizations they met at the prior community events would be interested in making a presentation to the Commission about the services they provide for older adults.

Status:

Ad Hoc Committee re: Objective #3 – Identify and update resource list for older adults

Purpose: Identify and list resources available to older adults in our community.

Commissioners: O'Brien, Celis, Quallsgray

Action Items:

- Identify and update resources available to older adults in our community.
- Make the resource list available to older adults.

Work Plan Updates:

July 2022:

- Chair Mason appointed Commissioner Quallsgray to the ad hoc committee.
- Ad hoc committee will meet to discuss the objective statement and recommend additional actions items, if needed.

August 2022:

- The ad hoc committee will meet to discuss adding more resources to the list and provide an update at the September meeting.

September 2022

- The ad hoc committee met and identified additional resources to add to the resource list. The ad hoc committee will follow up to verify the accuracy of the information and will provide an update at the next Commission meeting.

October 2022:

- Commissioner Celis reported that the ad hoc committee has updated information on the existing resource list and added approximately 30 additional resources to the list. A draft of the resource list will be completed by January 2023 and presented to the Commission for review.
- Commissioner Celis reported that the ad hoc committee discussed ideas for the distribution of the approved resource list including the Commission webpage, local community centers, community events, senior apartment managers and assisted living facilities.

November 2022:

- The ad hoc committee provided information to clarify the types of organizations and companies that will be included on the resource list for older adults and will provide a draft of the list to the Commission in January for review.

Status:

Senior Commission Presentation Calendar FY 2022-2023

To be scheduled:

- California Department of Aging – available for virtual presentation only. (Brandon and Mason).
- Sage USA regarding the programs and training offered by the organization – available for virtual presentation only. (Brandon and Mason)
- Department of Information Technology about the Los Angeles County Digital Divide Regional Strategic Plan. (Mendez)
- Map Your Neighborhood Program for disaster preparedness – Margaret Vinci, Office of Earthquake Programs Manager, California Institute of Technology (Folz)

July 2022:

- None

August 2022:

- Presentation about the Americans with Disabilities Act (ADA) Requirements for Local Government - Ali Everett, Accessibility Coordinator, Parks, Recreation and Community Services Department

September 2022:

- None

October 2022:

- Presentation from the Transportation Department about parking enforcement and new projects – Jon Hamblen (Parking Manager, Transportation Department)

November 2022:

- Presentation regarding services that benefit seniors at Huntington Hospital - Jane Haderlein (Senior Vice President of Philanthropy and Public Relations, Huntington Health)

December 2022:

- Presentation about disaster preparedness and training available for volunteers - Lisa Derderian (Public Information Officer, City of Pasadena)

January 2023:

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February 2023:

- (Tentative) Panel of Pasadena residents regarding their experience with local transportation for older adults. (Brandon and Staff - Mendez)
- (Tentative) Presentation from Pasadena City College regarding non-credit classes for older adults – Dr. Francisco Suarez, Dean, Non-Credit Division

March 2023:

April 2023:

May 2023:

June 2023: Annual Meeting

(updated November 8, 2022)