



A MESSAGE FROM DISTRICT 6 COUNCILMEMBER STEVE MADISON

District 6 Constituents,

Please take advantage of the flu shot clinics in Pasadena.

Take a look at the flu vs. COVID19 site to know the symptoms for each of them.

Wear a mask, wash your hands, and maintain your social distance. Let's each do our part to protect ourselves and others.

- We have switched to Constant Contact to send you updated messages from the City and District 6. Please share this information with neighbors and friends. If they wish to be added to the distribution list, please have them write to us and include a home address as we will continue to group messages by neighborhoods to target our audience when appropriate. Our email addresses are at the bottom of the message.
- In case you have missed any of these important message, please go to our website www.cityofpasadena.net/district6.
- For the last news issues click "[District 6 News](#)"

Come to One of the Free Flu Clinics

Part of being prepared is getting your flu shot. The link to the Huntington Hospital's schedule of clinics and a chart that shows the difference between the flu and COVID19 are included here.

- **Covid vs Flu:** <https://www.huntingtonhospital.org/our-services/emergency-trauma/flu-information/>
- **Flu Clinic Schedule:** <https://www.huntingtonhospital.org/wp-content/uploads/2020/09/Flu-shot-clinic-flyer-2020.pdf>



Come to one of the **Free Flu Clinics** offered by Pasadena Unified School District and Pasadena & Los Angeles County Health Departments:

Monday, October 19, 2020/ 9 am—12 pm
Washington Elem./Middle School

Monday, October 19, 2020/ 1 pm -- 3 pm
Madison Elementary School

Tuesday, October 20, 2020/ 9 am—12 pm
Altadena Elementary School

Tuesday, October 20, 2020/ 1 pm—3 pm
Longfellow Elementary School

Wednesday, October 21, 2020/ 9 am—12 pm
Willard Elementary School

Wednesday, October 21, 2020/ 1 pm—3 pm
Hamilton Elementary School

Monday, October 26, 2020/ 9 am—12 pm
Blair Middle/High School

Monday, October 26, 2020/ 1 pm—3 pm
McKinley School

Tuesday, October 27, 2020/ 9 am—12 pm
Webster Elementary School

Tuesday, October 27, 2020/ 1 pm—3 pm
Norma Coombs Elem. School

Wednesday, October 28, 2020/ 9 am —1pm
Muir High School

Thursday, October 29, 2020/ 9 am—1 pm
Muir High School

Wednesday, November 4, 2020/ 9 am—1 pm
Pasadena High School

Thursday, November 5, 2020/ 9 am—1 pm
Pasadena High School

Flu Vaccine Requirements:

- At least 18-years-old, or giving consent for your child, age 3-17 years.
- No allergy to eggs or influenza vaccine.
- No history of Guillain-Barré Syndrome.
- Do not have suspected or confirmed COVID-19 infection.
- Do not have any of the following symptoms: fever or chills, cough, congestion or runny nose, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, nausea, vomiting or diarrhea.

It is likely that flu viruses and the virus that causes COVID-19 will both spread this fall and winter. Healthcare systems could be overwhelmed threatening both patients with flu and patients with COVID-19. This means getting a flu vaccine during 2020-2021 is more important than ever.

While getting a flu vaccine will not protect against COVID-19, there are many important benefits, such as:

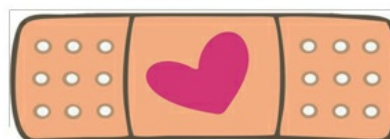
- Flu vaccines have shown to reduce the risk of flu illness, hospitalization, and death.
- Getting a flu vaccine can also save healthcare resources for the care of patients with COVID-19.

Nasal formulation ([English](#))

Nasal formulation ([Spanish](#))

Shot formulation ([English](#))

Shot formulation ([Spanish](#))



COUNCILMEMBER STEVE MADISON

Steve Madison was first elected in 1999 to represent District 6, which includes the beautiful West Pasadena neighborhoods above the Rose Bowl and in Southwest Pasadena, much of Old Pasadena, the Art Center College of Design, the Convention Center & Civic Auditorium, most of the Arroyo Seco, the historic Colorado Street Bridge, and the..... [Read More](#)

**DISTRICT 6 CONTACT INFORMATION**

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