CITY OF PASADENA

PROCLAMATION

Whereas mental health is essential to everyone’s overall health and wellbeing, and addressing the mental health needs in Pasadena of children, youth, adults, seniors, and families is fundamental to having a healthy community; and

Whereas all people experience times of difficulty and stress in their lives and, with the prevalence of mental health conditions in our nation, it is important for all members of the community to know that specific tools exist which can be used to better handle challenges and protect one’s health and wellbeing; and

Whereas prevention is an effective way to reduce the burden of mental health conditions and, with early and effective treatment, individuals with mental health conditions can recover and lead full, productive lives; and

Whereas it is appropriate to recognize the importance of improving the mental health of all of our residents, and Pasadena is committed to raising awareness about mental illness; promoting effective community partnerships and collaborations to serve the mental health needs of our community; and increasing access to culturally and linguistically appropriate mental health services;

Now, Therefore I, Terry Tornek, Mayor of the City of Pasadena, on behalf of the City Council, do hereby proclaim May 19, 2018 in Pasadena as

Mental Health Day

and urge all citizens, businesses, organizations, and agencies to work collaboratively to reduce the stigma of mental illness and to increase the mental health of our community.

[Signature]
Mayor of the City of Pasadena

ATTEST:

[Signature]
City Clerk

Dated this 19th day of May, 2018