

CITY OF PASADENA



PROCLAMATION

Whereas suicide is a national and statewide public mental health problem which occurs among all age groups and across all socioeconomic, racial and ethnic backgrounds, is the 12th leading cause of death in the United States, and the 2nd leading cause of death among individuals between the ages of 20 to 34; and

Whereas in the United States, over 45,000 people die by suicide each year—and several thousand friends and family members are changed forever by losing those people; and

Whereas the stigma associated with mental illness and suicidality works against suicide prevention by discouraging persons at risk for suicide from seeking life-saving help and further traumatizes survivors of suicide; and

Whereas suicide is preventable, and it is appropriate for a week to be set aside each year to dedicate our thoughts to improving the mental health of all Pasadena residents and raising awareness about suicide;

Now, Therefore I, Victor M. Gordo, Mayor of the City of Pasadena, on behalf of the City Council, do hereby proclaim September 10-16, 2023 in Pasadena as

National Suicide Prevention Week

as addressing the mental health needs in Pasadena of seniors, adults, youth, children, and families is fundamental to having a healthy community.

Mayor of the City of Pasadena

ATTEST:

City Clerk



Dated this 10th day of September, 2023