

Firearms, Tactics, Weaponless Defense and Impact Weapons
Expanded Course Outline

I. Introduction

A. Purpose

1. To enhance the skills of the student in the following areas:
 - a. Manipulating and accurately firing the shotgun, the AR-15, their issued sidearm and if applicable, their back-up weapon in light, low-light and darkness;
 - b. Transitioning smoothly from one weapon system to another;
 - c. Making appropriate decisions as to the type of force, weapon system, and ammunition to be used in various situations;
 - d. Functioning as both a “contact” and “cover” officer;
 - e. Differentiating between cover and concealment and using it while firing the shotgun, issued sidearm and if applicable, their back-up weapon;
 - f. Performing two and/or three person takedown techniques on suspects;
 - g. Defending against attacks from suspects including knife/edged weapon attacks;
 - h. Preventing suspects from taking your sidearm from you (handgun retention techniques) as well as developing a proficiency in taking away handguns from suspects who are in close proximity to you (handgun take away techniques);
 - i. Fighting suspects using punches, open hand strikes, kicks, knee and elbow strikes, and bumping and hitting techniques;
 - j. Searching for suspects who are active shooters using proper search/cover techniques

B. Performance expectations

1. By the conclusion of this course, the student must demonstrate the following:
 - a. The ability to manipulate and accurately fire the shotgun, the AR-15, their issued sidearm and if applicable, their back-up weapon;
 - b. The ability to transition smoothly from one weapon system to another;
 - c. The ability to make appropriate decisions as to the type of force, weapon system, and ammunition to be used in various situations;
 - d. The ability to effectively function as both a “contact” and “cover” officer;
 - e. The ability to differentiate between cover and concealment and use it effectively while firing the shotgun, issued sidearm and if applicable, their back-up weapon;
 - f. The ability to properly perform two and/or three person takedown techniques;
 - g. The ability to defend themselves against attacks from others including simulated knife/edged weapon attacks;
 - h. The ability to preventing others from taking their sidearm (handgun retention techniques) as well as to take away handguns from others who are in close proximity to them (handgun take away techniques);
 - i. The ability to fight others using a punches, open hand strikes, kicks, knee and elbow strikes, and bumping and hitting techniques;
 - j. The ability to properly search buildings for active shooters safely and effectively.

II. **Defensive Tactics**

- A. Use of Force Considerations **Cat.3(j)**

1. Departmental Policy
 2. Case law and other legal issues
 3. Reasonable Force **Cat.3(g)**
- A. Warm up (stretching exercises) **Cat.3(a)**
1. Safety briefing
- B. OODA Loop
1. Reaction to an ambush attack
 2. Training is essential
- C. Review of Stance
1. Balanced stance **Cat.3(i)**
 - a. Proper movement
 - (1) Maintaining balance while striking, diverting, and avoiding strikes
- D. Stand-up Fighting Review
1. Punches, Open Hand, Elbows
 2. Bump and Hit
 3. Kicks, knees
 - a. Response to the force used **Cat.3(h)**
 4. Baton strikes **Cat.3(l)**
 - a. Target areas
 - b. Balance during strikes
 - c. Movement
 - d. Retention

- (1) Crowd control
- 5. Verbal Commands **Cat.3(f)**
 - a. Specific Instructions
 - b. “Stop Resisting”
- 5. Providing needed medical aid after the incident **Cat.3(k)**
 - a. The importance of documenting injuries and/or the lack of injuries
- E. Stand-up Defenses
 - 1. Startle Defense
 - a. Hands up, elbows at side
 - b. Krav Maga 360/Inside Defense
 - c. Getting Off-line
 - d. Sword Defense
 - (1) Diving through the window
 - e. Grab/Push suspect into Others
- F. Takedowns
 - 1. Two person
 - 2. Three person
- G. Searches **Cat.3(c)**
 - 1. High profile
 - 2. Low profile
 - 3. Felony
 - a. Control holds utilized while searching and preparing to

handcuff **Cat.3(d)**

b. Handcuffing **Cat.3(e)**

(1) Double locking

III. Knife attacks

A. Review of offensive knife techniques

B. Defenses against knife attacks

IV. Defensive tactics related to handguns

A. Handgun position

B. Handgun takeaways techniques **Cat.1(l) Cat.3(m)**

C. Handgun retention techniques **Cat.3(m)**

V. Review of techniques and testing **Cat.3(b)**

VI. Range Safety

A. Firearms Safety Rules

1. All guns should be handled as if they are always loaded
2. Never let the muzzle cover anything you are not willing to destroy
3. Keep your finger off the trigger until you are on target
4. Always be sure of your target and be aware of what is beyond it

B. Inter-limb interaction (Finger off trigger until on target)

1. Sympathetic squeeze response
2. Startle response
3. Loss of balance response

C. Classroom safety rules

1. No ammunition or loaded magazines allowed in the classroom

VII. Fundamentals of Pistol Shooting

A. Principles of good marksmanship

1. Stance
2. Grip
3. Breath control
4. Sight alignment/sight picture **Cat.1(d)**
5. Trigger control
6. Follow through

B. Weapon manipulation

1. Semi-automatic pistol
 - a. Malfunctions/clearance drills **Cat.1(f)**
 - (1) Standard malfunction
 - (2) Double feed
 - (3) Stove pipe
 - b. Loading and unloading
 - (1) Tactical reloads
 - (2) Speed reloads
2. Revolver
 - a. Loading and unloading
3. Transitioning to back-up weapon
 - a. Position where you carry your back-up weapon
4. Tactics
 - a. Use of cover/concealment
 - b. Use of flashlight in low light and darkness
 - c. Shooting from different positions
 - (1) Kneeling
 - (a) Muscular support

- (b) Skeletal
- d. Building clearance/searches
 - (1) Movement
 - (a) Entering rooms
 - (2) Covering threat areas
 - (3) Active shooter response
 - (a) Search formations
 - (b) Lanes of fire

VIII. Shotgun (Remington 870)

A. Shooting stance

1. Placement of feet (shoulder width)
2. Bladed stance (position of interrogation)
3. Bend weak knee and lean forward slightly
4. Shifting of bodyweight (60% front / 40% rear)
5. Comb of weapon brought up to face
6. Cheek weld
7. Butt placement (full contact with shoulder hollow)
8. Heel placement (even with or slightly below top of shoulder)
9. Weak hand on forearm (elbow down)

B. Shooting positions

1. Offhand/Shoulder (See shooting stance)
2. Hip shooting (Search mode – unobstructed view)
 - a. Ready gun position (same as combat loading position)
 - b. Strong hand on pistol grip
 - c. Weak hand on forearm
 - d. Butt of stock along midline of body
 - e. Comb is parallel to strong side forearm
 - f. Strong side elbow hooked behind butt
3. Port arms (Search mode – advantage for elevated targets)

- a. Ready gun position
- b. Strong hand on pistol grip
- c. Weak hand on forearm
- d. Front site of weapon at eye level
- e. Butt of weapon at strong side hip level

4. Low ready

- a. Ready gun position
- b. Strong hand on pistol grip
- c. Weak hand on forearm
- d. Butt of stock against shoulder hollow
- e. Muzzle pointed towards the ground at approx. 45 degree angle

5. Kneeling

a. Supported (skeletal)

- (1) Sit back on heel of strong foot
- (2) Weak elbow supported on weak, upright knee
- (3) Weak elbow extended slightly beyond knee to avoid bone to bone contact
- (4) Body weight shifted slightly forward

b. Unsupported (muscular)

- (1) Sit back on heel of strong foot
- (2) Torso is upright
- (3) Body weight shifted slightly forward

C. Weapon manipulation

- 1. Assembly area loading
- 2. Assembly area unloading
- 3. Combat loading
- 4. Weapon clearing

D. Sighting the weapon (Bead sights)

- 1. Sight alignment

- a. Lay the side of your face on the stock of the shotgun (cheek weld).
- b. Both eyes should either be open or the shooter should close the eye that is furthest from the weapon.
- c. Look along the grooves, (rear sight), and raise or lower the barrel until you see the bead (front sight), centered in the middle of the grooves.
- d. The front bead should be in focus and the rear sight should be fuzzy.
- e. The tip of the bead should be placed at the base of the area that you want to impact with the projectile(s). A good point of aim for this weapon is the lower chest/upper abdomen.

2. Point shooting

E. Shotgun ammunition

1. Deploying the appropriate ammunition
 - a. 00 Buck
 - b. Slug

F. Sling techniques

1. American
2. African
3. Repel/grapple

IX. AR-15

A. Shooting Positions

1. Offhand/shoulder
 - a. Placement of feet (shoulder width)
 - b. Bladed stance (position of interrogation)
 - c. Bend weak knee and lean forward slightly
 - d. Shifting of bodyweight (60% front / 40% rear)
 - e. Comb of weapon brought up to face

- f. Cheek weld
- g. Butt placement (full contact with shoulder hollow)
- h. Heel placement (even with or slightly below top of shoulder)
- i. Weak hand on forearm (elbow down)

- 2. Prone position
- 3. Sitting position
- 4. Kneeling position
- 5. Muscular versus Skeletal positions

B. Weapon manipulation

- 1. Malfunctions/clearance drills
 - a. Standard malfunction
 - b. Double feed/Stove pipe
- 2. Loading and unloading
 - a. Magazine changes

C. Sight alignment/Sight Picture

- 1. Iron sights
- 2. Scope/Dot sights (ACOG sights)
 - a. Hold over and hold under

D. AR-15/shotgun Course of fire

- 1. One student will be given an AR-15 with a magazine loaded with four rounds. The shotgun will be loaded with four rounds in the tube and two slug rounds in the side saddle.
- 2. The students will position themselves on either side of a doorway and enter the room where they will find two barricades a short distance from the doorway. The students must use the barricades for cover.

3. There will be two red balloons attached to a target located at the 15 yard line. The balloons will be spaced approximately 36 inches apart. A third red balloon will be attached to a target at the 50 yard line. A fourth balloon, which is white, will also be attached to the 50 yard line target. Two 8 inch, round, steel swinging targets, which will be painted white, will be positioned at the 50 yard line as well.
4. The student armed with the shotgun will be required to shoot and hit the two red balloons at the 15 yard line with two of the four OO buck rounds from a standing (off hand) position, properly load the two slugs into the weapon and then shoot and hit the red balloon at the 50 yard line from a kneeling (supported) position.
5. The student armed with the AR-15 will shoot and hit each of the steel targets one time and then shoot and hit the white balloon, all of which are located at the 50 yard line. All shooting will be performed from a prone position.
6. Each of the students must successfully shoot this exercise using both the AR-15 and the shotgun.

X. Firearms Training Simulator

A. Use of Force Considerations

1. Departmental Policy **Cat.1(h)**
2. Case law and other legal issues **Cat.1(h)**
3. Reasonable Force **Cat.1(i)**
 - a. Lethal and less lethal force options **Cat.1(k)**
4. Moral Obligations **Cat.1(j)**

B. Tactics

1. Contact Officer/Cover Officer
 - a. Threat identification **Cat.1(e)**
(Target recognition and analysis)
 - b. Communication

2. Cover versus Concealment
 - a. Caliber of suspect's weapon
 - b. High ground

C. Simulation Scenarios (Two officer exercise)

1. Safety guidelines/Orientation
 - a. No weapons, live ammunition or chemical agents
2. Sight alignment, trigger control, accuracy drill
 - a. Playback of the drill results
3. Scenario One
 - a. Review of students' performance and decision making
4. Scenario Two
 - a. Review of students' performance and decision making
5. Scenario Three
 - a. Review of students' performance and decision making

XI. Handgun exercise (Two officer exercise)

A. Safety guidelines/Orientation **Cat.1(c)**

B. Handgun course scenario

1. Students will have already fully loaded their primary handgun's magazines and the instructor will have them load their weapon and charge it prior to the exercise beginning. **Cat.1(b)**
2. Students will be informed that they have just been dispatched to a man with a gun call in which shots had been fired; the suspect was last seen in front of the location. The room is dark with the exception of the illumination from the headlights of a vehicle parked at the rear of the range, which are illuminating the target area of the range.

The instructor will point at a barricade located at the 25 yard line and tell

the students to approach the barricade, which is supposed to simulate a wall, in order to determine if the suspect is still at the location.

While the officers are peering around the edge of the barricade, a non-threat target will turn and face them and then turn away; officers should not engage this target. Two threat targets will then turn and face the students, and while using the available cover, they must communicate with each other as to what target they intend to shoot (left or right) and then each student must engage their appropriate threat target with two rounds. **Cat.1(a)**

3. The instructor will then inform the students that the two suspects just ran into an adjacent building, shots have been fired inside the building, and people can be heard screaming that they are killing people.

A floor to ceiling temporary wall has been constructed at the twenty yard line with a single doorway in the center of it. The students will be told that this is the sole entrance and exit to the building and that they will find multiple forms of cover/concealment once inside the building at the following distances: 17 yards, 12 yards, and 7 yards. The students are to remain together throughout the exercise, use the available cover effectively, coordinate their movements, engage the threat targets that are visible from their side of the barricade and use their flashlight to identify threat targets from non-threat targets before firing at the threat targets with at least two rounds. Students are told that they must consistently shoot from the same side of all of the barricades so as to be able to accurately score their targets for the exercise.

Students are instructed to move to the first barricade they encounter when they enter the building. The instructor will cause multiple threat and non-threat targets to turn at this barricade prior to having the students move to the next barricade. The instructor will also cause multiple targets to turn when students are at the second and third barricades. Each time a threat target faces the student, the student must fire at least two rounds at the threat target. **Cat.1(g)**

The first and second barricades are 6 feet in height, which will give the students the option to stand or kneel while engaging their threat targets. The third barricade is less than four feet in height, which will force the student to shoot from either a seated or kneeling position.

4. The students must have 80 % of their rounds impact in the scoring area of the target as well as demonstrate proficiency with speed reloads, proper use of the flashlight and barricades, and the ability to clear malfunctions in order to pass this portion of the course.

XII. Air soft scenario (Three officer exercise)

A. Safety guidelines/Orientation

1. Students will be equipped with their sam browne rig containing an air soft weapon, a portable radio and the appropriate protective equipment
2. No live ammunition

B. Active shooter scenario (Three officer response)

1. Students will be instructed that they have just been dispatched to a business in reference to a shots fired call. Upon arrival they can hear shots being fired from inside the building and an employee informs them that there are multiple suspects inside shooting employees.

(a) The building consists of two rooms with an adjoining door and an exterior door that leads from the second room down an exterior hallway to two bathrooms. The exterior portion of this area will be taped off so as to limit the exterior area of this exercise to the hallway and bathrooms.

2. The instructor will inform the students that they must take immediate action with the personnel that they presently have at the scene. He also explains that threat targets are represented by cardboard targets that have a red balloon in the center and non-threat targets are represented by cardboard targets with a blue balloon in the center.
 - (a) Each of the two rooms will contain three threat targets and three non-threat targets that will be positioned in such a manner that the students will be forced to clear the hard corners of the rooms that they enter and immediately engage multiple threat targets upon entering each room.
3. The students are not informed about the role players who are armed with air soft weapons and rubber knives, who will be serving as suspects in this exercise. These suspects will engage the students in a gunfight subsequent to the students entering the second room and ultimately they will attempt to get in close enough proximity to the students in order to stab them with their rubber knives.
4. Students must pop the threat balloons by shooting the air soft projectiles at them and refrain from shooting the non-threat targets as they move from room to room.
5. After clearing the first two rooms, the students will proceed out into the exterior hallway where they will encounter the role players.
6. Students must demonstrate good tactics related to building searches/clearances, covering threat areas, communicating with each other, maintaining proper fields of fire and shooting accuracy during the exercise.