

PUBLIC HEALTH REOPENING PROTOCOL FITNESS FACILITIES

Effective Date: Wednesday, May 5, 2021, 12:01 AM

Recent Updates: (Changes are highlighted in yellow)

5/4/2021:

- Effective May 5, 2021, the Health Officer order for the City of Pasadena allows for sector reopenings consistent with **Tier 4, Minimal (Yellow)** of the State of CA Public Health Order Blueprint for a Safer Economy.
- Facilities may host multi-team sporting competitions if advanced written approval is provided and in accordance with the Public Health Reopening Protocol for Outdoor and Indoor Youth and Recreational Adult Sports.
- Indoor gyms, fitness facilities, climbing walls, and dance and yoga studios may reopen to a maximum of 50% capacity. Given the higher risk of COVID-19 spread indoors in a gym setting, outdoor fitness activities are recommended.
- Indoor pools may now reopen at 50% capacity and must follow the Public Pools Protocol.
- Indoor spas, saunas, and steam rooms may reopen with physical distancing.
- Communicate to employees regarding new paid sick benefits available in 2021.
- Frequency reduced for cleaning and disinfection of certain surfaces to once daily to align with updated CDC guidance.

At this time, all public health jurisdictions in Los Angeles County, including the City of Pasadena, are in **Tier 4, Minimal (Yellow)** of the State of CA Public Health Order [Blueprint for a Safer Economy](#).

The requirements below are specific to gyms, fitness establishments, yoga and dance studios, one-on-one fitness training, and climbing walls, which are collectively referred to as fitness facilities. Fitness facilities are encouraged to continue operating outdoors, and may reopen for indoor activities at **50% capacity**, based on applicable Building or Fire Code occupancy limits, with masks required for all individuals.

Outdoor and Indoor Youth and Recreational Adult Sports

In addition to the guidance in this document, sports activities may resume, and must adhere to both the California Department of Public Health (CDPH) guidance for [Outdoor and Indoor Youth and Recreational Adult Sports](#) and the Pasadena Public Health Department protocol for [Outdoor and Indoor Youth and Recreational Adult Sports](#).

- Advanced written approval is required for facilities to host multi-team sporting competitions. At least 14 days before the competition, the event organizer must complete the protocol and submit into the [Request for Exception to the Two Team Competition Rule Portal](#).

PROTECTING PATRONS AND STAFF FROM COVID-19

In the midst of the COVID-19 pandemic, fitness facilities must take steps to reduce the risk of an outbreak occurring among patrons and staff. Depending on the situation, public notification of an exposure to COVID-19 may be required. Ensure staff are enrolled in health insurance and have an established relationship with a primary care doctor prior to reopening. Staff can call 211 for information on health insurance and primary care physicians.

- **Fitness facilities are required to make an immediate report to the Pasadena Public Health Department any time a patron or staff member with COVID-19 (confirmed by a lab test or physician diagnosis) was at the fitness facility while sick or up to 48 hours before showing symptoms or receiving a positive test (if asymptomatic).** Fitness facility operators must call (626) 744-6089 or email nursing@cityofpasadena.net and provide all information requested by the Health Department. The operator is expected to provide or ensure testing for all staff who have had a possible exposure and must follow the US Centers for Disease Control and Prevention (CDC) [guidance](#) for cleaning and disinfecting the facility. Testing resources can be found through the staff member's physician, and also at <https://www.cityofpasadena.net/covid-19/> and <https://covid19.lacounty.gov/>.
- **Educate staff to contact their supervisor if a staff member or patron is feeling sick.** The supervisor should send the ill staff member or patron home immediately, taking care to maintain that person's privacy and observing physical distancing. If the person cannot leave the premises right away, utilize a safe, designated space for isolation (6 feet or more away from others). If the illness is work-related, the employer should facilitate appropriate care for the staff member, the worker's compensation process, leave time, and California Occupational Safety and Health Administration (OSHA) record keeping.
- **Work with the Pasadena Public Health Department to investigate any COVID-19 illness.** Prepare patron and personnel records, facility floor plans, and shift/attendance logs to provide information as quickly as possible to the Health Department, including accurate contact information (phone, address, email) of all patrons and staff who were within 6 feet of the infectious person for a cumulative 15 minutes or more in a 24-hour period, and other individuals as specified by the Health Department. Implement measures recommended by the Health Department.

Key Practices



COVER YOUR COUGH WITH YOUR ELBOW OR TISSUE (THEN DISPOSE AND WASH YOUR HANDS)



STAY HOME IF YOU ARE SICK



PRACTICE PHYSICAL DISTANCING OF 6 FEET OR MORE



WASH YOUR HANDS WITH SOAP AND WATER FOR 20 SECONDS, FREQUENTLY



COVER NOSE AND MOUTH WITH A HIGH QUALITY MASK



PERFORM DAILY HEALTH SCREENINGS

Steps to Reopen

- ✓ Complete and implement the Public Health Reopening Protocol Checklist.
- ✓ Provide a copy of the Public Health Reopening Protocol to each staff member and conduct education.
- ✓ Post a copy of Public Health Reopening Protocol in a conspicuous location that is visible to staff and patrons and post to your website.

Helpful Contact Information

- If you have questions, or if you observe a violation, you can request information or submit a complaint through the Citizen Service Center. Call 626-744-7311 or visit <https://www.cityofpasadena.net/CSC>.
- Additional resources, including a printable COVID-19 Business Toolkit Signage, is available at <https://www.cityofpasadena.net/covid-19/#info-for-businesses>.

ADDITIONAL PROTOCOLS IN ORDER TO REOPEN (if applicable)

Additional protocols relevant to operations must also be followed:

<https://www.cityofpasadena.net/covid-19/#guidance-faq-protocols>

- Office Workspace – Public Health Reopening Protocol
- Public Pools – Public Health Reopening Protocol
- Retail – Public Health Reopening Protocol
- Restaurants, Bars and Breweries – Public Health Reopening Protocol

PUBLIC HEALTH REOPENING PROTOCOL CHECKLIST FITNESS FACILITIES

REDUCING RISK OF COVID-19 TRANSMISSION

Fitness facilities must implement all applicable measures listed below and be prepared to explain why any measure that is not implemented is inapplicable. All policies described in this checklist, other than those related to terms of employment, are applicable to staff of delivery and other third party companies who may be on the premises.

Designate one individual to be in charge of planning and implementation of all items. Submission of Protocols to a City Department is not required unless explicitly requested.

PERSON RESPONSIBLE FOR IMPLEMENTING PROTOCOLS	
Establishment Name:	
Person in Charge:	
Title:	
Phone Number:	Date:
Indoor Occupancy per Fire Code:	Indoor Occupancy at 50%

MEASURES THAT ENSURE EQUITABLE ACCESS TO SERVICES

- Services that are critical to patrons have been prioritized.
- Transactions or services that can be offered remotely have been moved online.
- Measures are instituted to assure access to services for patrons who have mobility limitations or are at high risk in public spaces. Consider implementing special hours designated for high risk or medically-vulnerable populations, including seniors with admittance by reservation only.

EXTERNAL COMMUNICATION

- Post signage reminding patrons to maintain a distance of at least six feet or more apart at all times. If helpful, post diagrams or maps of how people should flow through the site.

- Post signage instructing staff and patrons to wear a face mask at all times, and to remain at home if experiencing any symptoms including fever of 100°F or above, cough, shortness of breath or difficulty breathing, fatigue, sore throat, chills, headache, muscle or body aches, a new loss of taste or smell, congestion or runny nose, nausea, vomiting, or diarrhea. Consult the CDC website for the most current list of COVID-19 [symptoms](#).
- Communicate the fitness facility's new protocols by posting information on your website and social media pages, including physical distancing measures, use of smaller, consistent groups of patrons, and the use of face masks.
- Post a copy of this Protocol in a conspicuous location that is easily visible to staff, patrons, and the public.

INTERNAL COMMUNICATION, TRAINING AND RECORDS

- Provide copies of the Protocol to all staff.
- Provide training to staff on all sections of the public health protocols including:
 - Information on [COVID-19](#).
 - How to identify [symptoms](#) of COVID-19 and how to self-screen and conduct symptom checks.
 - The importance of not coming to work if staff are experiencing symptoms of COVID-19, or if someone they live with has been diagnosed with COVID-19.
 - Proper use and care of face masks ([CDC guidance on masks](#)).
 - Physical distancing measures, sanitization, and handwashing.
 - Proper safety protocols for use of disinfecting solutions.
 - Information on employer or government sponsored leave benefits the employee may be entitled to receive that would provide financial support to stay at home while ill. Provide additional information on [government programs](#) supporting sick leave and workers' compensation for COVID-19, including employee's sick leave rights under the [2021 COVID-19 Supplemental Paid Sick Leave Law](#).
- Maintain records of each staff member's schedule and work area or assignment.
- Maintain records of all patrons' activities and group assignments.
- Consider posting signs for the national distress hotline: 1-800-985-5990, or text TalkWithUs to 66746.

PROTECTION OF STAFF AND PATRON HEALTH

Access to COVID-19 Vaccine

Individuals ages 16 years and older are currently eligible to obtain a vaccine effective against COVID-19. Provide information and registration assistance to staff. Individuals may sign up at myturn.ca.gov, call the CA COVID-19 Hotline 1-833-422-4255, access the Pasadena [On-call Form](#), or may call the Pasadena Citizen Service Center at 626-744-7311 for assistance. Links to vaccine appointments at pharmacies and other federal, state, and county sites are available at the [PPHD website](#).

Staff Health Screening

- Conduct daily symptom checks (fever of 100°F or above, cough, shortness of breath or difficulty breathing, fatigue, sore throat, chills, headache, muscle or body aches, a new loss of taste or

smell, congestion or runny nose, nausea, vomiting, or diarrhea) before or upon arrival, and ask whether the individual is currently under isolation or quarantine orders. Consult the CDC website for the most current list of COVID-19 [symptoms](#).

- Send staff home immediately if they arrive sick or become sick during the day. Encourage sick staff to contact their medical provider. Staff who need information on health insurance or providers can call 211.
- Notify staff that they are not to come to work if sick or if they are exposed to a person who has COVID-19. Staff who are [fully vaccinated](#) for COVID-19 do not need to quarantine after exposure to someone with COVID-19 if asymptomatic, and may come to work if asymptomatic. The local Health Officer Order requires everyone to self-isolate when sick with COVID-19. It also requires individuals to self-quarantine for 10 days from last contact with someone with COVID-19, unless fully vaccinated. Anyone who is a close contact with someone with COVID-19 must check for symptoms for 14 days regardless of vaccination status. The employee must isolate from others immediately if symptoms develop within 14 days of exposure. Quarantine must be maintained for 10 days, even if test results are negative (no virus detected).
- Require any sick staff to stay home for at least 10 days or until 24 hours after fever and symptoms resolve (without use of fever-reducing medications), whichever is longer.
- Review and modify workplace leave policies to ensure that staff are not penalized when they stay home due to illness.
- Institute a plan in the event that one or more employees is diagnosed (by a physician or lab test) with COVID-19. The plan should include immediate isolation of the staff person at home and self-quarantine of everyone that came into contact (within 6 feet for a cumulative total of 15 minutes or more over a 24-hour period, regardless of whether a mask was worn) with the ill employee, except fully vaccinated individuals who are asymptomatic. The plan should also include options for all staff identified as contacts to be tested for COVID-19 with an FDA-approved PCR test (not a blood test) if they are not fully vaccinated. However, contacts must still maintain quarantine for 10 days, even with a negative test, if they are not fully vaccinated.

Patron Health Screenings

- Screen patrons for symptoms upon arrival, ask whether they are currently under isolation or quarantine orders, and ask them to use hand sanitizer.
- Patrons must be instructed to wear face masks at all times except while in the pool or in the shower.
- Remind patrons in advance to bring a face mask and make them available to anyone who arrives without one.

Verifying Full Vaccination

- Individuals are considered fully vaccinated for COVID-19:
 - 2 weeks or more after they have received the second dose in a 2-dose vaccine series (Pfizer-BioNTech or Moderna), or
 - 2 weeks or more after they have received a single-dose vaccine (Johnson and Johnson [J&J]/Janssen).

- ❑ With a photo ID, the following are acceptable as proof of full vaccination for COVID-19 and must include the name of person vaccinated, type of vaccine provided and date last dose was administered (a photo ID is not required for children/minors):
 - Vaccination card, or
 - A printed or digital photo of the person's vaccination card stored on a phone or electronic device, or
 - Documentation of full vaccination from a healthcare provider.

PROTECTIVE MEASURES

Reduced Contact

- ❑ One-on-one personal training is allowed. Both individuals must wear a face mask at all times, and maintain distance of 6 feet or more. One-on-one personal training is subject to all requirements in this protocol and in the CDPH [Limited Services Guidance](#).
- ❑ Require staff and patrons to not use handshakes and similar greetings that break physical distance.
- ❑ Provide no-contact methods of payment.
 - Offer any transactions or services that can be handled remotely online.
- ❑ Equip the front desk area with Plexiglass or other impermeable barriers to minimize the interaction between reception staff and patrons. Implement virtual, touchless check-in tools, if possible, so that patrons do not have to utilize the reception space.
- ❑ Assign each staff member individually-assigned tools, equipment, and defined workspace, and minimize or eliminate shared, held items.
- ❑ Install hands-free devices wherever possible such as trash cans, soap and paper towel dispensers, door openers, and light switches.
- ❑ Remove all unpackaged food and beverages that may be offered to patrons.
- ❑ Make water fountains available for filling water bottles only and disinfect frequently.
- ❑ Prop doors and gates open where possible and applicable to reduce touching of handles, maintaining compliance with fire codes and accessibility standards. Doors and gates that exist as part of a pool enclosure may not be propped open at any time.
- ❑ Remove amenities, including magazines, books, self-serve water stations (unless touchless), and other items for patrons from reception areas and elsewhere in the fitness facility. Non-essential vanity items should also be removed from locker rooms to help reduce touch points and patron interactions.

Scheduling

- ❑ Limit the number of employees who are on-site to the minimum number necessary, and institute alternate or staggered shift schedules to maximize physical distancing.
- ❑ Group employees into teams and schedule them consistently, by team, on the same shifts to reduce potential exposures.
- ❑ Allow employees who can carry out their work duties from home to continue to work from home, especially those at higher risk (65 or older or with underlying medical conditions). Reconfigure work processes to the extent possible.

- Stagger employee breaks, in compliance with wage and hour regulations, to maintain physical distancing.
- Provide time for workers to implement cleaning practices during their shift. Cleaning assignments should be assigned during working hours as part of the employees' job duties. Procure options for third-party cleaning companies to assist with the increased cleaning demand, as needed.

Face Masks*

- Provide, at no cost, a 2-or more layer cloth face mask and/or disposable masks for all employees, and instruct employees to wear a clean (washed daily), face mask over the nose and mouth at all times during the work day. Staff who have been instructed by a medical provider that they should not wear a face mask should wear a face shield with a drape on the bottom edge, to be in compliance with California Department of Public Health (CDPH) [Guidance for the Use of Face Coverings](#), as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves should not be used.
- [Double masking](#), as described by the CDC, can increase protection if it improves the seal and filtration, so one option is wearing a multi-layer disposable mask with a multi-layer, well-fitting cloth mask that pulls the edges of a disposable mask against the face.
- For indoor operations, all employees and patrons must wear an appropriate face mask at all times except when swimming or showering. If wearing a mask is unsafe for an individual while exercising, that person should refrain from exercising indoors at a fitness facility at this time.
- For outdoor operations, workers and patrons should wear face masks at all times and maintain a distance of at least six feet from others.
- Masks that restrict airflow under heavy exertion (such as N-95 masks) are not advised for exercise.
- Patrons should be reminded to limit their exertion to a level that is comfortable while wearing a face mask, and to take frequent breaks from exercise if they begin to experience any difficulty breathing. Masks should be changed if they become wet, stick to a person's face, or obstruct breathing.
- Prohibit employees from eating or drinking anywhere inside the workplace other than designated break areas (with at least 6 feet physical distancing) to ensure face masks are worn consistently and correctly.

**Individuals with chronic respiratory conditions, or other medical conditions that make use of a face mask hazardous are exempted from this requirement, but are not able to participate in indoor fitness facility offerings. Children under age 2 years should not wear a face mask. Refer to the [CDC guidance on masks](#) for additional information, exemptions and care of the face mask.*

Hand Hygiene

- Provide access to handwashing sinks stocked with soap, paper towels, and hands-free trash receptacles.
- Instruct employees to wash hands upon arrival and at departure, before and after eating, and as otherwise necessary.

- Allow employees time during their shift to wash their hands frequently.
- Provide hand sanitizer effective against COVID-19 (at least 60% alcohol) in patron areas, and also in employee areas where a hand sink is not available. Hand sanitizer, tissues, and trash cans must be made available to the public at or near the entrance.

Gloves and Protective Equipment

- Provide disposable gloves to staff handling items used by customers, to workers using cleaners and disinfectants, for staff who handle commonly touched items, and for staff who provide temperature screenings.
- Provide other personal protective equipment (PPE), such as eye and face protection, as necessary.

Restrooms

- Fitness facilities must monitor to limit restroom capacity and ensure physical distancing among patrons.
 - Signs and floor markings should be used to ensure proper physical distancing is maintained while customers are in the restroom.
- Ensure that restrooms stay operational and stocked at all times.
- Clean and disinfect restrooms at least once per day or as often as determined is necessary using EPA-approved disinfectants and following the manufacturer's instructions for use.
- Provide information on how to wash hands properly, including signs in restrooms.
- Place a trash can near the door if the door cannot be opened without touching the handle, so restroom users may use a paper towel to cover the doorknob. Maintain compliance with accessibility standards and fire code.

PHYSICAL DISTANCING

Physical distancing must be observed and enforced by the fitness facility.

- Assign a staff person to monitor occupancy.
- Indoor Occupancy
 - Limit indoor occupancy to 50% or less. Only those patrons that are actually exercising should be inside. Patrons should not wait in the reception area.
 - Lower indoor occupancy to less than 50% if necessary to maintain physical distancing and establish physically distanced waiting areas when necessary.
- Outdoor Occupancy
 - Limit outdoor occupancy to enable all employees and patrons to maintain at least 6 feet of distance from others at all times.
 - Temporary outdoor tents or structures must comply with the California Department of Public Health (CDPH) guidance for [Use of Temporary Structures for Outdoor Business Operations](#). Enclosures must be 50% open with no more than 2 non-adjacent, impermeable walls closed. Temporary structures that do not meet the CDPH definition for outdoors are considered indoors and subject to a 50% capacity restriction.

- ❑ Saunas and steam rooms may reopen and must limit occupancy to a single user or household. Multiple users or households may use the sauna or steam room if it is large enough to allow for 6 feet of distance between households.
- ❑ Showers, locker rooms and changing areas may be open at 50% capacity. Close every other changing space or locker to ensure 6 feet of physical distance can be maintained. Post signage reminding users that masks must be worn at all times.
- ❑ Implement measures to ensure physical distancing of at least six feet between and among workers and patrons. This can include use of physical partitions or visual cues (e.g., floor markings, colored tape, physical barriers, or signs) to indicate to where workers and/or patrons should stand during check-in at reception areas or when waiting to use equipment.
- ❑ Designate separate entry and exit points if possible, to minimize crowding.
- ❑ Review foot traffic flows and make changes if needed to permit physical distancing during employee activities in the front and back areas of the facility.
- ❑ Instruct employees to maintain at least six feet of distance from patrons and from each other, except staff may momentarily come closer when necessary to accept payment, deliver goods or services, or as otherwise necessary.
- ❑ Where possible, provide outdoor break areas with shade covers and physically distanced seating, and encourage employees to take breaks alone.
- ❑ Space equipment at least six feet apart, with greater distancing (8 or more feet) for treadmills and other high-exertion aerobic fitness equipment because respiratory droplets travel farther with exertion. Equipment can be arranged in an “X” pattern to provide greater distancing. Physical barriers can also be helpful to create distancing or separate exercise areas.
- ❑ Consider suspending non-core activities, including retail operations, spa services, childcare, family programming, and food service. If fitness facilities operate such amenities, they should review the related Health Department guidance for these services.
- ❑ Modify group training classes such as aerobics, yoga and dance to limit the size to ensure a minimum of six feet of physical distance between patrons and compliance with 50% capacity restriction.
 - Move the classes outdoors or to larger spaces like full-sized basketball courts, if possible. Group exercise classes should only be offered if distancing requirements can be maintained and there is no person-to-person physical contact.
 - For highly aerobic classes such as aerobics, spin or conditioning or machines such as elliptical, tread or stair machines, consider placing individuals and equipment at least 8 feet apart.
- ❑ Yoga classes held in temperatures over 100 degrees are discouraged.
- ❑ Youth and recreational adult sports must comply with the Pasadena protocol for [Outdoor and Indoor Youth and Recreational Adult Sports](#) and the California Department of Public Health (CDPH) guidance for [Outdoor and Indoor Youth and Recreational Adult Sports](#).
 - Advanced written approval is required for facilities to host multi-team sporting competitions. At least 14 days before the competition, the event organizer must complete the protocol and submit into the [Request for Exception to the Two Team Competition Rule Portal](#).

Swimming Pools (if applicable)

- Fitness facilities with pools or spas must adhere to the Pasadena protocol for [Public Pools](#).
- Users must maintain 6 feet of physical distance from non-household members while on the pool deck and in the water.
- Outdoor pools may be open for routine use at no more than 75% capacity.
- Indoor pools may be open for routine use at no more than 50% capacity.
- Indoor spas may reopen and must limit occupancy to a single user or household. Multiple users or households may use the spa if it is large enough to allow for 6 feet of distance between households.
- Employees and pool users must wear a face mask when not in the water. Face masks should be removed when entering the pool or spa.
- Reconfigure the deck furniture to ensure physical distancing.
- Swimmers that are swimming laps must maintain a 6-foot distance from other lap swimmers, which may necessitate limitations on the number of swimmers that use a lane at one time.
- Ensure that the facility has adequate equipment for patrons, such as kick boards, pool noodles, and other flotation devices, to minimize sharing wherever possible. Clean and disinfect the items after each use.
- Discourage people from sharing items, particularly those that are difficult to clean and disinfect or those that are meant to come in contact with the face (e.g., goggles, nose clips, and snorkels).
- Ensure that lifeguards who are actively lifeguarding are not also expected to monitor handwashing, use of face masks, or physical distancing. Assign this monitoring responsibility to another staff member.
- Maintain proper water disinfectant levels (1-10 parts per million free chlorine or 3-8 ppm bromine) and pH (7.2-8).

Deliveries and Vendors

- Review work flows and make changes if needed to permit physical distancing during pickups and deliveries.
- When other parties (truck drivers, delivery agents, vendors) play a role in the work flow, instruct them to wear face masks and to comply with symptom checks and physical distancing.

DISINFECTION AND LAUNDERING

Disinfection

- Develop an appropriate plan, in adherence to [CDC Guidance](#) that identifies the surfaces to be cleaned and disinfected, the frequency, and the person assigned to the task.
- Use an [Environmental Protection Agency \(EPA\)](#) registered product that is effective against COVID-19, and follow label instructions for required contact time and ventilation.
- Require patrons to disinfect individual exercise equipment, mats, and machines before and after use with provided disinfecting wipes. Ensure that lined, non-touch trash receptacles are available throughout the fitness facility to dispose of used wipes.
 - If members are unable or unwilling to wipe/disinfect equipment after exercise, provide “ready to clean” tags for members to place on equipment after use, to ensure equipment is disinfected by staff before the next use.

- Consider implementing a check-out system for patrons to utilize any small equipment and accessories (i.e. exercise bands, ropes, mats, foam rollers, etc.). Disinfect tools and equipment used by patrons between users.
- Disinfect shared office equipment, door handles, light switches, faucets, dispensers, counters, protective barriers, and handrails **daily**.
- Provide disinfectant and related supplies in multiple locations readily available to staff.

Laundering of Linens

- Encourage patrons to bring their own towels and mats and consider suspending the provision of any facility-provided towels or personal hygiene products.
- Replace soiled linen receptacle bag before it becomes full to avoid overflowing. Ensure dirty linens are stored in a sealed bag at the end of each day until they are picked up for laundering.
- Avoid shaking soiled linens.

BUILDING SAFETY

Water Safety

- Stagnant water in pipes increases the risk for growth and spread of legionella bacteria. When reopening a building, it is important to flush both hot and cold water lines through all pipes and points of use including faucets and showers. Appropriate PPE including an N95 respirator must be worn. Information regarding this process can be found at the [CDC website](#).

Ventilation

- Consider HVAC upgrades to improve air filtration (targeted filter rating of at least MERV 13) and increase fresh air ventilation.
- Where possible, install portable high-efficiency air cleaners, upgrade the building's air filters, and make other modifications to increase the quantity of outside air and ventilation in all working areas.
- Consider opening windows, if feasible, safe, and compliant with Fire Code and ADA requirements.
- If fans such as pedestal fans or hard mounted fans are used, take steps to minimize air from fans blowing from one person directly at another individual.
- Review and follow the California Department of Public Health's [Interim Guidance for Ventilation, Filtration, and Air Quality in Indoor Environments](#).