



**City of Pasadena, Resolution No. 9145 - Healthy Food & Beverage Vending and Procurement Policy Guidelines**  
**Adopted October 3, 2011 - Amended November 13, 2017**  
**Based on the 2015-2020 USDA Dietary Guidelines for Americans**

**POLICY STANDARDS**

- **100% of beverages sold in vending machines on City property shall meet specified nutrition standards.**
- **100% of snacks sold in vending machines on City property shall meet specified nutrition standards.**

**STANDARDS FOR SNACK FOODS**

**All snack items must comply with the following:**

- **Total Fat:** 35% or less of calories from fat
- **Saturated Fat:** 10% or less of calories from saturated fat
- **Trans Fat:** No trans fats or no "partially hydrogenated oil" listed in the ingredient list
- **Sugar:** 35% or less sugar by weight
- **Calories:** 200 calorie maximum per single serving food item
- **Sodium:** 200 mg or less of sodium per package/serving and include at least one item that meets the snack criteria and also meets the FDA definition of "low sodium" less than 140 mg per serving or portion

**Exempt snack items include:**

- Fruits and vegetables; excludes processed foods with added sweeteners or fat
- Nuts and seeds (including: plant based fats, i.e. peanut butter, almond butter)
- Plant based spreads (i.e. hummus, pesto dip, etc.)
- Low-fat or reduced fat cheeses

**STANDARDS FOR BEVERAGES**

**All beverages must comply with the following:**

- Fruit and/or vegetable based drinks that are 50-100% real juice and contain no added caloric or non-caloric sweeteners
- Drinking water with no added caloric or non-caloric sweeteners
- 1% low-fat or nonfat unflavored milk products
- Dairy alternative (soy) products that contain no more than 35% sugar by weight or contain no more than 3 teaspoons of sugar for one cup
- Fresh coffee and tea, and any unsweetened iced tea

**Excluded beverages include:**

- Regular and diet sodas
- Regular and diet sports drinks
- Energy drinks and vitamin waters
- Sweetened iced teas, lemonades, and punches
- Sweetened flavored milks