

FOOD WASTE REDUCTION GUIDE



Plan

Check your fridge before heading to the grocery store to ensure that you only buy what you need.

Plan out future meals to ensure that you are purchasing items that will be used in a timely manner.



Repurpose left overs

Keep leftovers for a quick meal or get creative and repurpose them into a new dish.

Have left over veggies and fruit? Blend them into a smoothie or soup!



Portion

Purchase and cook only what you need to ensure that large amounts of uneaten food don't go to waste.



Donate

If you have food that is still edible, reach out to local food banks, shelters, and community spaces in need of food donations.



Expiration Dates

Pay attention to expiration and sell-by dates.

Keep track of which items in your fridge are most perishable and try to use those first.



Compost

Watch your food scraps decompose into a nutrient rich soil by engaging in backyard composting. Purchase your own compost bin for a reduced price of \$56 from the City of Pasadena. Contact (626) 744-7311 for additional information.



Organics Bin

Did you know the City of Pasadena provides residential organics recycling? Simply place your food waste in a tightly tied plastic bag and discard it in the organics bin (yard waste container).

Multifamily and businesses can contact their commercial waste hauler to arrange for organics recycling services.